



## THE WINDMILL CAFÉ

### ALL DAY BREAKFAST

### TAKEAWAY MENU



#### **Breakfast Bowl... \$17.50** ✓

*Macronutrient balanced with the added benefits of healthy fats!*

Avocado tossed with rocket, Meredith's Goats' cheese, locally grown Tomatoes, roasted macadamia crumb pesto Served on sourdough.

*(Add a poached egg \$2, bacon \$5 or smashed pumpkin for \$4)*

#### **The Windmill's Bacon & Eggs...\$16**

Des Barritt's award winning bacon Free range eggs cooked your way, served with toasted sourdough, rocket & blistered Tomatoes.

#### **Bacon & Egg Roll...\$13.50**

Barritt's Bacon, fried egg, onion jam, Tomato relish & spinach on a toasted Brioche Bun.

#### **Eggs Benedict...**

Your choice of -

***Braised Pork Belly \$19***

***Tasmanian Smoked Salmon \$19***

***Barritt's Bacon \$18.50***

All served with two poached eggs, rocket & Hollandaise Sauce perched on sourdough

#### **Southern Fried Chicken Benedict...\$22**

House made southern fried chicken served on Toasted sourdough with our house slaw, Topped with two poached eggs & Hollandaise Sauce.

#### **Nasi Vege Bowl...\$18.50** ✓

*Loaded with vitamins & minerals- particularly iron, magnesium & potassium*

Broccolini, cherry tomatoes, chickpeas, Zucchini, eggplant, capsicum, onion, Mushrooms and Spinach Stir fried in a Thai style dressing & Served on rice with a fried egg.

#### **The Windmill Stack...\$18.50**

Barritt's Bacon, Worcestershire glazed Mushrooms, seared and roasted halloumi & a Poached free-range egg served on a bed of Rocket and stacked upon toasted sourdough.

#### **Corn Fritter Stack...\$19.50** ✓



Sweet corn, coriander & chili packed fritters Served with roasted tomatoes, halloumi, Avocado, topped with wilted spinach & a Poached egg. *(Add bacon...\$4)*

**Smashed Pumpkin...\$18.50**



Roasted & smashed local jap pumpkin topped  
With Worcestershire glazed mushrooms,  
Rocket, goats cheese, macadamia crumb  
pesto & two Free range poached egg.  
*(Add bacon...\$4)*

**Belgium Waffles...\$9, \$13, \$17**

Served with a Berry Coulis & our boysenberry  
Yoghurt Gelato **OR** Served with maple syrup  
& Vanilla bean gelato.  
*(choice of 1,2 or 3 waffles)*

**Raisin Toast...\$8**



Two slices of raisin toast served with Butter.

**Acai Bowl...\$18.50**



*Antioxidant rich & loaded with fibre*

Amazonia's Acai blend served with Seasonal  
Fruit, antioxidant rich berries, toasted  
Granola with natural Greek yoghurt &  
Drizzled with honey.  
*(for vegan/gf option please ask)*

**Dragon Fruit Bowl...\$18.50**




*High in vitamins, minerals & antioxidants*

Pitaya smoothie blend, served with seasonal  
fruit, antioxidant rich dragon fruit, toasted  
Granola with natural Greek yoghurt &  
Drizzled with honey.  
*(for vegan/gf option please ask)*

## LUNCH MENU

*(SERVED FROM 11AM)*

**Sweet potato & quinoa salad...\$16.50** 

*Boasts local sweet potatoes, which are high in fibre, vitamin C, B5, B3, B6 & potassium.*

Local sweet potatoes roasted in herbs, spices & Maple syrup tossed through quinoa, rocket, Sundried tomatoes, onion, pecans & house Dressing.

*(Add pork belly \$5, chicken \$4, squid or prawns \$6)*

**Zucchini Noodle Salad...\$18.50** 

Zucchini noodles, cherry tomatoes, corn, Coriander, carrot, mint, chili & red onion, Tossed through Rice noodles and spinach, Finished in a Thai Style dressing.

*(Add pork belly \$5, chicken \$4, squid or prawns \$6)*

**Windmill Poke Bowl...\$18**

*Lean on saturated fat, high in protein, fibre, vitamins & minerals.*

Brown rice and quinoa topped with Edamame Beans, cucumber ribbons, carrot, radish, Avocado and pickled ginger in a Japanese Style dressing and sesame seeds.

*(Served with your choice of tofu or chicken)*

*(Gluten Free Option Available)*

**Chicken, Cheese and Avo open grill....\$14** Served on Turkish bread

(gluten free option available)

**Southern Fried Chicken Burger...\$22**

House made southern fried chicken with a House made slaw, served on a toasted brioche Bun & served with a side of beer battered Chips.

**Fish Burger...\$22**

Battered Flathead with tartare sauce, lettuce & Tomato on a toasted brioche bun & Served with a side of Beer battered chips.

**Pulled Jackfruit Burger...\$24** 

*Make it a healthier meal buy switching the brioche bun for a nutrient loaded sweet potato*

Pulled barbeque jackfruit with a house made Slaw on a toasted brioche bun & Served with a side of beer battered chips.

*(Vegan option available)*

**Steak Sandwich...\$22**

Rib fillet & bacon placed upon cheesy Turkish Bread with onion jam, tomato relish, fried egg Lettuce, tomato & beetroot, served with a side of beer battered chips.

**Toasted Sandwich...\$10**

Toastie your way-  
Choose from a range of different fillings  
*(please ask staff for options)*

## HOT DRINKS MENU

(SERVED ALL DAY)

### COFFEE

#### Cup/Mug

Cappuccino...\$4.20/\$4.70  
Flat White....\$4.20/\$4.70  
Latte.....\$4.20/\$4.70  
Mocha.....\$4.40/\$4.90  
Macchiato.....\$3.80  
Long Black....\$4.00/\$4.30  
Piccolo.....\$3.80  
Affogato.....\$6.50

*(Almond, coconut, soy, Macadamia & Zymil milk - 50c)*

*Syrups//Caramel/ Hazelnut/Vanilla - 50c*

### TEA

Chai *(ask about Lonnie's Chai)*

Chamomile

Green Sencha

Earl Grey

English Breakfast

Honey Bush Caramel

Peppermint

Lemongrass & Ginger

Strawberries & Cream

Rooibos

Pot for 1.... \$4.50

Pot for 2....\$5.50



### SPECIALITY HOT DRINK

#### Cup/Mug

Hot Chocolate.....\$4.40/\$4.90  
Italian Hot Chocolate.....\$5.90  
Spicy Chai Latte.....\$4.40/\$4.90  
Vanilla Chai Latte.....\$4.40/\$4.90  
Dirty Chai Latte.....\$4.90/\$5.40  
Turmeric Latte.....\$5.50  
Dirty Turmeric Latte.....\$5.70/\$6.00  
White Choc Mocha.....\$4.80/\$5.40  
Kids Milo.....\$3.00

## COLD DRINKS MENU

(SERVED ALL DAY)

### FRESH JUICES

DINE/TA

\$7.95/\$8.95

#### **Glowing Goddess**

Apple, cucumber, pineapple, ginger & lemon.

#### **Lean Green**

Spinach, lemon, cucumber, celery, apple & Kiwi fruit.

#### **Sweet Beet**

Beetroot, watermelon, pineapple & carrot.

#### **Restore & Refresh**

Coconut water, kiwi fruit, watermelon, Pineapple & mint.

#### **Veggie Vitality**

Beetroot, celery, cucumber, carrot, ginger & Lemon.

#### **Sunrise Starter**

Orange, pineapple & passionfruit.

#### **Vitamin C**

Lemon, pineapple, orange & watermelon.

*(Please note changes can be made to suit your preference if needed)*

### SMOOTHIES

DINE/TA

Mango .....\$7.95/\$8.95

Strawberry

Mixed Berry

Banana

*(All of our smoothies are made on yoghurt gelato)*

**Hoti Kombucha is available for \$5.50**

**(Please see staff at counter for flavours)**

### SPECIALITY SMOOTHIES

DINE/TA

\$9/\$10

#### **Peanut Butter Nutter**

Coconut milk, peanut butter, banana, cacao Powder, dates & chia seeds.

#### **Tropicana**

Coconut water, mango, passionfruit, banana, Pineapple & mint.

#### **Hulk**

Coconut milk, banana, spinach, spirulina, Dates, mint, Chia seeds.

#### **Acai-ting**

Coconut milk, acai, raspberries, banana, peanut butter, cacao, dates & chia seeds.

#### **Antiox**

Coconut milk, dragon fruit, blueberries, strawberries, mango & banana.

#### **Golden Hour**

Coconut milk, turmeric, banana, dates & Maple syrup.

*(Add Salted Caramel or Vanilla protein to any smoothie for an extra \$2)*

### BLENDED DRINKS

DINE/TA

Milkshakes.....\$6.95/\$7.95

Thickshakes.....\$8.50/\$9.50

*(Choose from any flavor gelato)*

Iced Coffee.....\$7.50/\$8.50

Iced Chocolate....\$7.50/\$8.50

Iced Chai.....\$6.95/\$7.95

Iced Latte.....\$5.50/\$6.50

Iced Mocha.....\$7.50/\$8.50



## WINDMILL'S LITTLE FOLKS

### MENU

#### ALL DAY BREAKFAST

(Under 12 Years Only)

#### **Little Folks Dippy Egg...\$9**

Goey egg served with toasty soldiers and bacon.

#### **Little Folks Benedict...\$9**

English muffin with bacon, poached egg & Hollandaise sauce.



#### **Waffle with Gelato...\$9**

Belgium Waffle with maple syrup & a scoop of Vanilla Bean gelato. *(other flavours*

*available)*

#### **Little folks Bacon & Egg...\$9**

Bacon & egg cooked your way, served with Sourdough toast.

#### **Little Folks Bacon & Egg Slider...\$9**

Bacon & fried egg served on a mini brioche Roll.

## LITTLE FOLKS LUNCH

### MENU

(SERVED FROM 11-2PM)

(Under 12 Years Only)

#### **Mini Hot Dog...\$12**

Barritt's local made sausage served on a Soft brioche roll with chips & choice of sauce Served on the side.



#### **Chicken Strips...\$12**

Southern fried chicken strips served with chips & Choice of sauce on the side

#### **Little Folks Battered Fish Taco & Chips...\$12**

Served with corn, cherry tomatoes and sour cream

